The Identity Shift

Reflection Questions

Do I truly believe that I am God's child — not just in theory, but in practice? How would my life look different if I lived fully from that identity?

Have I ever felt like an outcast or unworthy—spiritually, emotionally, or relationally? What labels or wounds have I carried that Jesus wants to heal and redefine?

Where have I looked for identity outside of Christ (roles, relationships, success, appearance)? What would it look like to fully surrender those identity idols to Him?

Has my identity become too tied to what I do for God instead of who I am to Him? Would I still feel secure in my worth if I stopped doing all the things I'm currently doing?

Do I truly believe I'm anointed for greater things — or have I disqualified myself? What bold step is God asking me to take that aligns with my identity?

Activation Activity

Read through the statements below and highlight any statements that feel uncomfortable, hard to believe, or that challenge your current view of yourself.

After you finish, take a moment to reflect:

- Do you notice any patterns in the areas you struggle to believe—such as your appearance, sense of belonging, forgiveness, or purpose?
- Are there themes like related to provision, protection, authority, or impact where your confidence feels uncertain?

These patterns are areas you can grow in your understanding of who you are in Christ.

Then choose one or two of those areas to intentionally focus growing in over the next few weeks.

What God Says About You

You are beautiful in His sight. (Song of Songs 1:8 & 4:1)

You are the apple of His eye. (Psalm 17:8)

You are the salt of the earth. (Matthew 5:13)

You are the light of the world. (Matthew 5:14)

You are Christ's pearl of great price. (Matthew 13:46)

You are His beloved and cherished child. (John 1:12)

You are the object of His love and affection. (John 3:16)

You are a fellow heir with Jesus. (Romans 8:16-17 & Galatians 4:7)

You are more than a conqueror. (Romans 8:37)

You are the blessed of the Lord. (Ephesians 1:3)

You are part of His glorious church. (Ephesians 5:25-27)

You are an ambassador for Christ. (2 Corinthians 5:20)

You are the righteousness of God in Christ. (2 Corinthians 5:21)

You are the temple of the living God. (2 Corinthians 6:16)

You are gifted with the brilliance of His divine nature. (1 Peter 1:4)

You are a recipient of all His promises. (2 Peter 1:4)

You are forgiven, clean and pure. (1 John 1:9)

You are fearfully and wonderfully made. (Psalm 139:14)

You are the redeemed of the Lord. (Revelation 5:9)

You are an overcomer. (Revelation 12:11)

You are the bride of Christ. (Revelation 19:7)

You are never alone, He is with you always. (Matthew 28:20)

You are a carrier of the glory of God. (Colossians 1:27)